

Reception transition into Year 1 Parent workshop

Wednesday 20th March 2024

Aims:

- The importance of a transition programme
- What we are already doing in school
- What we will be doing in school this term and next term
- What this means for you and your child and how to best prepare them
- What Year 1 will look like
- How you can support at home




What is transition?

Transition is defined as the process of changing from one thing to another.

We need to help children prepare for the changes that they will encounter at school.

Teachers work closely together to ensure that the transition process is smooth and effective so that the children can move from one year group to the next with minimum stress or anxiety.

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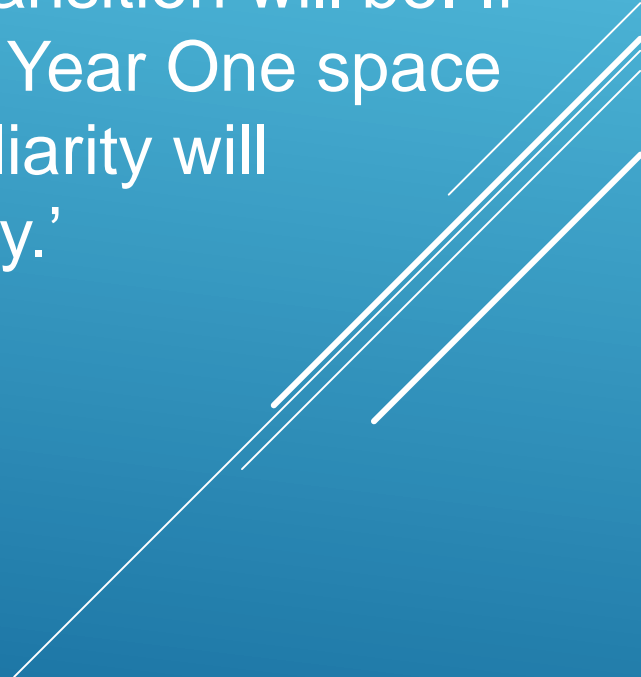
What is transition?

Imagine you have got a new job in a brilliant new work place with really lovely people, but you have been to the setting only once before you applied and once on your interview. Today is your first day, how do you feel? Probably not at your most spectacular, and you are an adult not a four-year-old!




Why do we need a transition programme?


‘We need to make sure that we are all as happy and relaxed as we can be in school. For children entering Year One, the more the environment, resources and routines are as they were in Reception, the easier the transition will be. If the children have had several opportunities to visit their new Year One space and spend time with their (new) adults, the high level of familiarity will significantly reduce their conscious and subconscious anxiety.’

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How do we create a smooth transition?

- Clear programme and timeline in place
 - Across the whole year, not just the end
 - Individuals who need additional support are given extra support
 - Detailed handover of information between teachers
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What is the same as Reception?

- Library, Computing, Assemblies, PE
 - Playground and field
 - Dining room
 - Houses – Azul, Zolty, Verde, Laal
 - Boom Reader and TTRS expectations at home
 - Rocket Phonics scheme
 - Curriculum overviews sent home each half term
 - Sports Day
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What is new in Year 1?

- First Year of Primary School (Year 1 to Year 6) and Infants (Year 1 and Year 2)
- National Curriculum (gaps in the EYFS curriculum (Early Learning Goals) will be met first)
- Children enter the school building by themselves
- Classroom environments
- Play-based, although bigger group learning sessions and more independent activities
- Phonics groups, English and Maths groups, mixed Year 1/2 classes
- 9:45-10:00am break time every day and snack eaten at break time
- Discrete Foundation subject lessons: Science, History, Geography, Art, DT, RE
- School Council representative
- EAL support interventions
- After school clubs every term (Autumn 2, Spring 2, Summer 1)
- Homework set each week

Infant teachers

Mrs McFall

Ash Class teacher



Miss Buckell

Infant Lead
Oak Class teacher



Miss Goode

Cherry Class teacher



Example daily schedule – a typical day in Year 1

8:20-8:35am Say goodbye to parent / carer at front door

Hang coat and bags in corridor – own peg

Go to own classroom (Year 1/2 classes)

8:45-9:45am Phonics groups

9:45-10:00am Break time

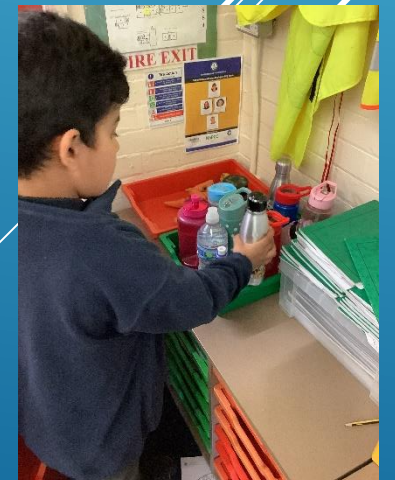
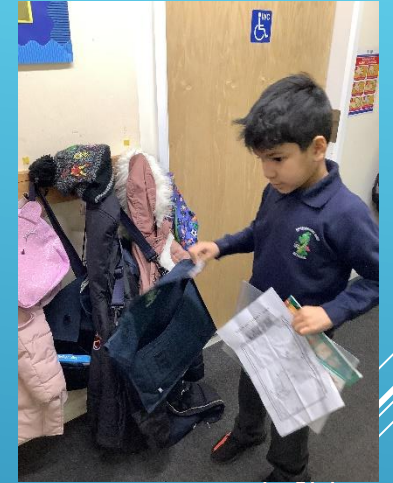
10:00-11:00am English lesson

11:00-12:00pm Maths lesson

12:00-12:55pm Lunchtime

12:55pm Back to own class for Foundation subjects

Monday and Friday Assembly at end of day



What we are already doing

Spring Term:

- One break time with whole school after Computing lesson each week
- After lunch play time on big playground with whole school every day
- Joining Friday whole school assembly in the hall




What we will be doing


Summer Term:

- Arranging classes and Phonics, English and Maths groups
- Social stories
- Story in new classroom once a week with Reception teachers
- Parents / carers to drop children at Reception wooden gate entrance
- Joining whole school assembly on Monday afternoons
- Year 1 teachers reading stories in Reception once a week
- Lunch times with Infants and time on the field after lunch
- Individuals who need additional support spending extra time in new setting
- Whole school transition day


Independence

- Build upon the skills that have been fostered in Reception
 - Coming into school, eating, organising belongings
 - Completing activities with more independence
 - Having a go and risk taking
 - Encourage children to do jobs around the home
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Routines

- Very important for children
 - Routine in place over the summer holiday. Getting up late and going to bed late will make the transition back into school difficult
 - Consistent boundaries and expectations are vital
 - Encourage children to tidy up after themselves
 - “Choose it, use it, put it away”
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Wellbeing

- Challenge builds resilience
 - Listen to and acknowledge worries and feelings
 - Talk about your own emotions
 - Help them to understand their own emotions
 - Model making mistakes and show it is part of learning
 - Use mindfulness activities like Cosmic Kids Yoga and breathing exercises
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Building relationships

- If possible, arrange play dates with other children
- Play games, especially turn taking and team work games
- Model what good behaviour and listening looks like. When interacting, make sure you look at their eyes, turn off the TV or remove phones or other devices
- Talk, talk, talk!

Language and listening

- Share stories - encourage listening and talking about the story
- Read a variety of books about different subjects to build vocabulary
- Visit the local library
- Retell stories with toys
- Listen to stories, songs and rhymes
- Encourage your child to answer questions using a simple phrase or sentence rather than single words
- Keep a Summer Holiday Diary – their new teacher would love to see it!

What you can do at home

- Talk about Year 1
 - Share transition booklets sent home
 - Encourage independence and routines
 - Encourage children to pack own bags and be responsible for own belongings
 - Make social links with children in your child's new class
 - Talk about school and count down using the calendar
 - Share the newsletters to talk about all the things your child loves about school
- Get them excited about returning in September
- Role-play with your child Talk about your feelings to a good friend
 - When your child gets home from their first day, celebrate it!

Types of questions to ask

“How do you feel about going to school?”

“Are you excited about school?” “What are you most excited about?”

“Are you nervous about school?” “What part are you nervous about?”

“What makes you happy about starting school?”

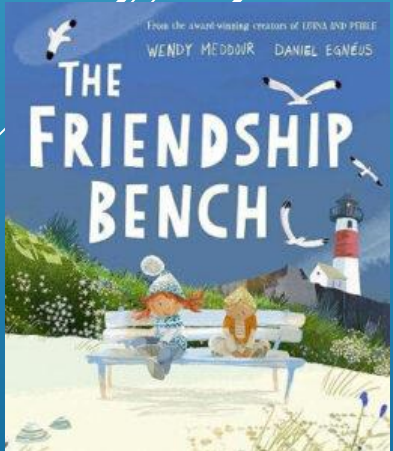
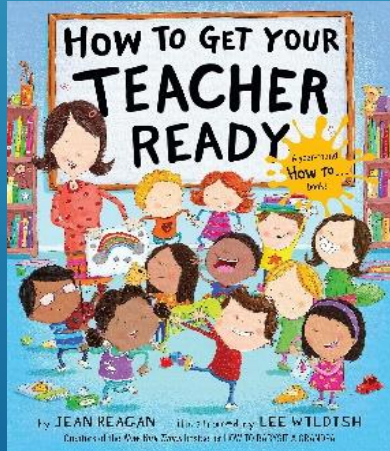
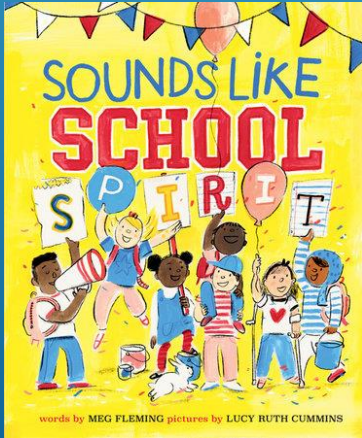
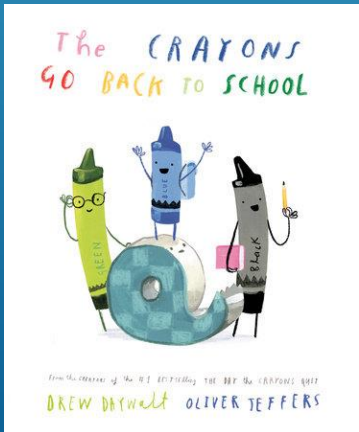
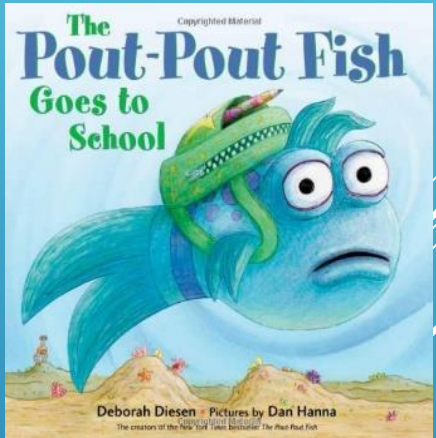
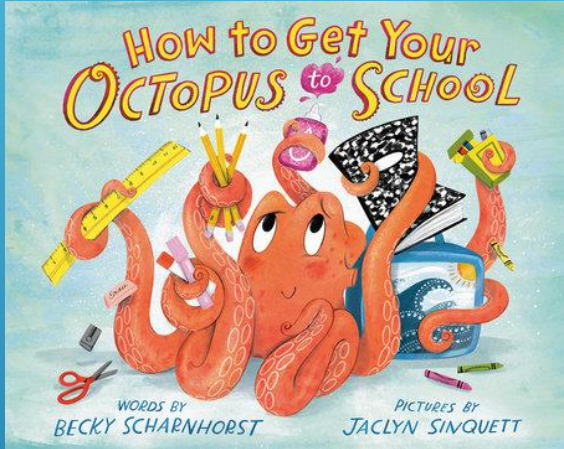
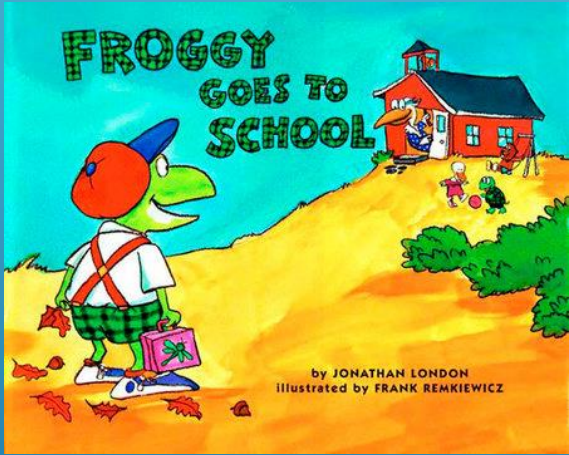
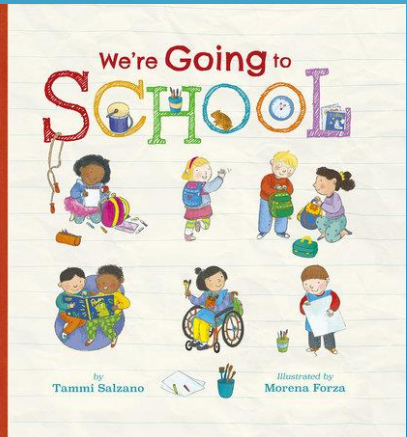
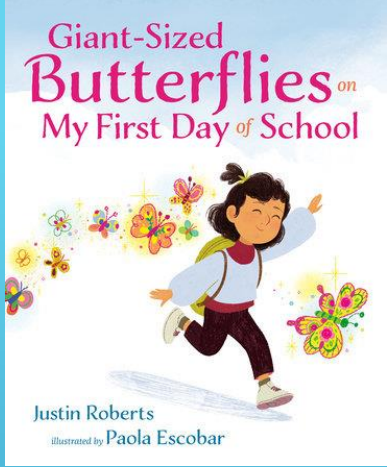
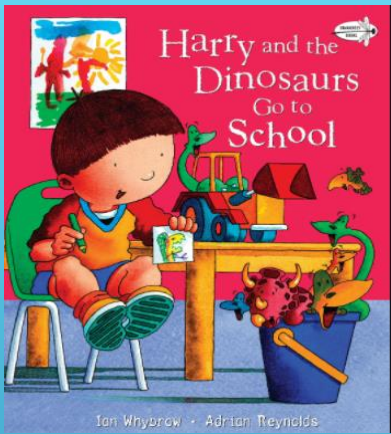
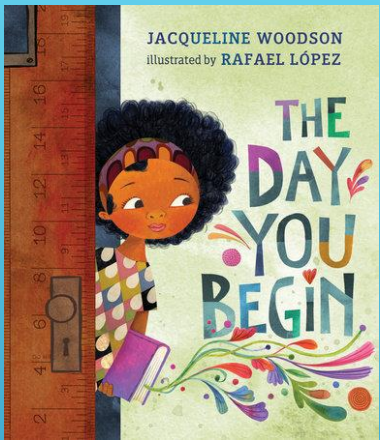
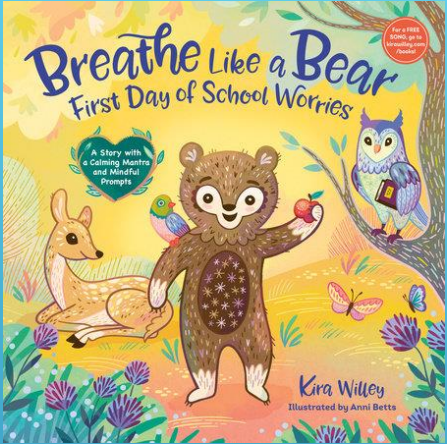
“What do you think it is going to be like in Year 1?”

“How do you feel about your new classroom?”

“How do you feel about being in your new class?”

“What do you like about your new teacher?”

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Thank you!

Any questions?