

# Y6 Residential Trip – Kingswood

23<sup>rd</sup>-27<sup>th</sup> September 2024



# Why Kingswood?

- Kingswood have been running school residential trips on the Isle of Wight for 35 years.
- Kingswood pride themselves on providing activities that build confidence and resilience by taking on fun challenges.
- 175,000 young people visit the centre every year, and most of their schools rebook and continue to visit the centre.
- Through activities ranging from zip wire to archery they find that pupils leave feeling they can achieve their goals and have seen the most uncertain pupils becoming the most enthusiastic.





# Kingswood Centre

The centre covers 100 acres of beautiful woodland and fields in a superb cliff top location, overlooking Whitecliff Bay with direct access to the beach.

The centre has five residential buildings and an all-weather activity zone.

Surrounded by “Jurassic” coastline designated a Site of Special Scientific Interest, this is the most important area of Europe for dinosaur fossils, making the Isle of Wight perfect for Environmental Field Studies.

The centre has on site sports pitches, dining hall, chapel and a disco hall!



# Benefits of Outdoor Education

Every child will benefit from a Kingswood adventure. Character development is at the core of each Kingswood programme with a focus on confidence, resilience and life skills, which are delivered through a carefully designed mix of challenge, play and reflection.

Head of Activities Steve Anderson says, “The activities on offer at our Kingswood centres help to build the confidence of children and give them a sense of pride in their abilities. It’s not every day that they get the chance to go canoeing, abseiling, and fencing, and it’s the shared sense of accomplishment that comes with these activities which is so invaluable to young people. Not only that but it also helps to develop and improve key skills such as teamwork, confidence, and resilience.”

**We use...**

**Play  
Discovery**

**Exploring  
Challenging**

**Adrenaline  
Reflection**

**...to deliver...**

**Mental & Physical  
Wellbeing  
Curriculum Links**

**Environmental  
Awareness  
Improved Attainment**

**...and achieve  
our learning outcomes.**

**CONFIDENCE!**

**LIFE SKILLS**

**RESILIENCE**

# Accommodation

**The Isle of Wight has standard dormitory style accommodation. Rooms range from 4 to 12 bed dormitories, with gender-separated bathroom and shower facilities and party leader rooms close by. Sheets, duvets and pillows are provided for all guests.**

**The lodge sites offer a close community feel with campfire areas, perfect for team bonding in the evening.**

**Pupils will get the opportunity to choose some friends they would like to share with, we can't guarantee they will get all their choices but they will get at least one!**

# Food

**Kingswood know that during a long day of thrilling adventure activities the pupils will build up a substantial appetite. They serve three meals per day, with lots of choice and seasonal variations.**

**Each day there is a carefully balanced and nutritional meal plan, recently updated to meet and exceed the latest Government standards on young people's diets.**

**Kingswood will cater for most dietary requirements – just let us know.**

Breakfast	Lunch	Dinner
<p> <b>Cereal</b>  <b>Toast</b>  <b>Fresh Fruit</b>  <b>Sausage</b>  <b>Vegetarian Sausage</b>  <b>Bacon</b>  <b>Beans</b>  <b>Hash Browns</b>  <b>Scrambled Egg</b>  <b>Yoghurt</b> </p>	<p> <b>Shepard's Lamb Pasty</b>  <b>Hot Dogs</b>  <b>Cheese &amp; Onion Pasty</b>  <b>Range of rolls and baguettes</b> </p> <p> <b>All served with</b>  <b>Skinny Fries</b>  <b>Beans</b>  <b>Fresh Salad</b> </p> <p> <b>Soup of the day</b> </p>	<p> <b>Hunters Chicken with bacon and cheese topped with a BBQ sauce</b>  <b>Crispy Chicken Nuggets</b>  <b>Crispy Vegan Nuggets</b> </p> <p> <b>All served with</b>  <b>Herb diced potato</b>  <b>Broccoli and carrots</b>  <b>Fresh salad</b> </p> <p> <b>Marinated chicken served with corn on the cob and smoky rice</b> </p> <p> <b>Marinated Quorn escalope and corn on the cob served with smoky rice</b> </p> <p> <b>Other Vegan options</b> </p>



# Activities

- **Abseiling**
- **Aerial Highway**
- **Archery**
- **Beach Swimming**
- **Body Boarding**
- **Rock Climbing**
- **Bush Craft**
- **Canoeing**
- **Caving**
- **Ziplining**
- **MANY MORE!**

# Is it safe?

**Safety is paramount at all times!**

**Kingswood are founding members of the British Activity Providers Association (BAPA) and affiliated to a whole range of governing bodies. We employ safeguarding leaders and every team member undergoes enhanced DBS checks. There are secure boundaries around our centres and regular night patrols as standard.**

**Kingswood staff are fully qualified and lead the activities while school staff participate in the activities and are there to support and encourage the pupils.**



Kingswood

Here's a taster!

**Outdoor  
Learning &  
Adventure**

















# What does a standard day look like?

**8:00-9:00: Wake up & Breakfast**

**9:15-10:45: Activity 1 (Climbing)**

**10:50-12:20: Activity 2 (Archery)**

**12:20 – 2:30: Lunch & Games**

**2:30-4:00: Activity 3 (Zip Lining)**

**4:05-5:35: Activity 4 (Buggy Building)**

**5:35-7:45: Dinner & Games**

**7:45-9:00: Activity 5 (Nightline)**

**9:00: Bedtime!**

# Impact

**“It was an excellent experience for all our students and even one day later we were seeing the impact.”**

***Primary School Teacher  
(Peak Venture)***

**Memories that will last forever!**



# Still not convinced?

[Outdoor learning & adventure for schools and groups - Kingswood Centres - YouTube](#)

# What's next?

- **School to finalise activity programme and timings for transport. This will be communicated to you in a further letter.**
- **Further paperwork will be sent home to be completed (medical, dietary, kit list)**
- **At the beginning of September, pupils will be given the opportunity to select their three friends. We will finalise groups and dormitories.**
- **On the day of the trip all medicines will be handed to one of the trip leaders.**

# Any Questions?

- Your chance to ask any questions that you might have.