



Relationships and Sex Education Policy

Newbury Academy Trust

September 2017

Relationships and Sex Education Policy

1. Introduction

- 1.1. “Academy”, “Academy Trust” all refer to Newbury Academy Trust, Love Lane, Newbury, Berkshire, RG14 2DU. School refers to one of the three schools within the Newbury Academy Trust, Trinity School, Love Lane, Newbury, Berkshire, RG14 2DU; Fir Tree School, Fir Tree Lane, Newbury, Berkshire, RG14 2RA; Speenhamland School, Pelican Lane, Newbury, Berkshire, RG14 1NU.
- 1.2. The term Governor refers to both Full Governing Body Trustees and Local Governing Body Governors.

2. Aims

- 2.1. Sex and relationships education (RSE) is part of our personal, social and health education (PSHE) programme. We believe that children at Speenhamland should receive RSE so that they are able to make informed choices. In planning this strand of the curriculum, we reflect the needs of individuals and groups of pupils as appropriate. RSE at Speenhamland will:
 - Promote the spiritual, cultural, mental and physical development of pupils at the school.
 - Prepare pupils for the opportunities, responsibilities and experiences of adult life.

3. Delivery

- 3.1 Sex and relationships education (RSE) is part of our personal, social and health education (PSHE) programme. We believe that children at Speenhamland should receive RSE so that they are able to make informed choices. In planning this strand of the curriculum, we reflect the needs of individuals and groups of pupils as appropriate.
- 3.2 The RSE programme will be developmental from the age of five and progress to the age of eleven. We will revisit issues while building on the level of knowledge, understanding skills and attitudes. It will focus on:
 - Relationships
 - Feelings and Emotions
 - Physical aspects of sexuality

- 3.3 RSE will be offered through a variety of different teaching methods in an age appropriate way. The majority of teaching and learning will be through the cross curricular approach linking with science, RE and PE. Within the Upper Juniors there are specific lessons. RSE will take place in an atmosphere of trust and openness with the class teacher. Teaching in Key Stage 2 will be through discussion, appropriate use of DVDs, published materials and where appropriate visitors from the wider community, including the School Nurse. There may be occasions when single gender groups are deemed more appropriate and relevant than mixed gender groups.
- 3.4 At all times consideration will be given to the age maturity and level of understanding of the pupils concerned. Questions will be dealt with honestly and with sensitivity.

4. Right to Withdrawal

- 4.1 Parents have the right to withdraw their children from any or part of the school's programme of RSE other than the Science National Curriculum. Parents wishing to do so are asked to discuss this with the school before making their final decision. However parents do not need to give a reason or explain their decision.

5. Implementation

- 5.1 The implementation of this policy is the responsibility of all teaching staff and will be monitored by the Headteacher and Senior Leadership Team.

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| Authorised by | [resolution of] [the Board of Trustees] |
| Date | [00 month year] |
| Effective Date of the Policy | |
| Effective Date for Review | |